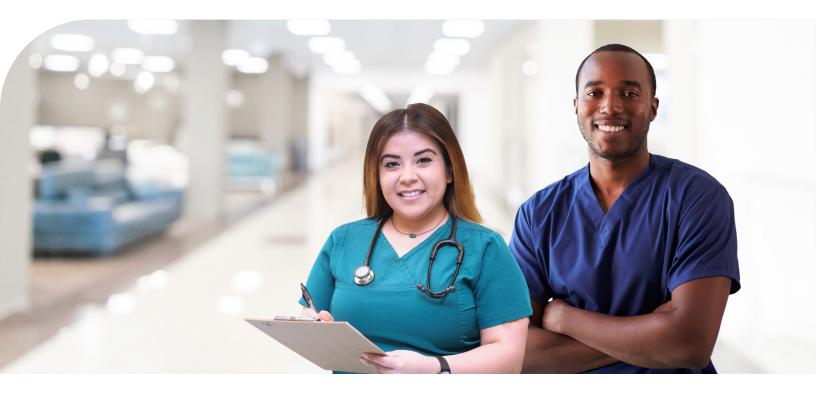# Certified Nursing Assistant

A flexible, engaging and competency-based CNA training program providing competencies needed to pass the certification exam.

A 12-week competency-based training program offering a flexible, engaging and impactful Certified Nursing Assistant (CNA) training experience.

The program curriculum follows state requirements, and ensures compliance and high standards, equipping learners with the necessary skills to successfully pass the certification exam.

The scalable program delivery is tailored to the unique needs of health systems and integrates into existing workforce infrastructures, and the apprenticeship-style structure lays the foundation for a more sustainable staffing pipeline. The program also allows health leaders to retain existing staff while providing a flexible, accessible pathway to succeed in the industry. The centralized professional development platform is designed to improve recruitment and increase retention across unlicensed assisting personnel roles.

Based on the requirements to become a Certified Nursing Assistant across geographical regions, the program includes:

- 5 Competency-Based Courses
- Asynchronous, Self-Paced Learning
- Use of Textbook (Digital)
- Digital Clinical Rotation Assessments
- Digital Laboratory Simulation Assessments

"One of the most impactful ways to mitigate the challenges of the healthcare staffing crisis is to focus on the growth of the clinical base with more Certified Nursing Assistants, Medical Assistants and Personal Care Assistants. Building a more robust base to the workforce pyramid with Healthcare Support Workers allows nurses to work at the top of their license while fostering strong staffing pipelines for the future and nurturing a diverse clinical workforce. Work-based, apprentice-style programs like our CNA program, built for Providence, offer a more flexible and rewarding journey for new entrants into the healthcare industry and will enhance retention and expand expertise across the clinical spectrum."

- Andrew Malley, Chief Executive Officer at OpusVi

Key Program Features

12 week duration

Online, self-paced, interactive learning

Cohorts of 10 or more preferred for an optimal experience

Contact our enterprise team for cohort pricing

Competency-Based Courses

Course 1 Basic UAP Skills

Possess the essential competency for basic unlicensed assistive personnel to provide safe, effective and compassionate care.

- Understanding of the healthcare system
- Know the roles and responsibilities of healthcare professionals
- Knowledge of basic anatomy and physiology
- Assist with range of motion exercises
- Place leads for telemetry

- Perform minimally invasive specimen collection
- Transport specimens/medicine/X-ray films
- Applies simple, single layer dressings
- End of life care
- Infection control

Course 2 Patient-Centered Care

Demonstrate commitment to understanding and meeting the unique needs of each individual in his/her care, promotes patient well-being, and fosters a compassionate and respectful environment.

- Respect
- Cultural humility
- Patient privacy
- Patient rights
- Understanding aging

- Understanding the emotional and psychosocial needs of patients
- Recognizing signs of distress
- Providing appropriate support and care
- Legal and ethical regulations in healthcare

Course 3 Safety

Apply concepts of safety to reduce the risk of harm. These include attention to detail, effective communication, questioning attitude, peer checking and peer coaching and an awareness of escalation when there is a safety concern.

- Physical safety
- Assist with ambulation/transfers/transports
- Assist with ADLs
- Monitor pain and provide non-invasive comfort measures

- Remove and re-apply assistive equipment
- Fall/accident prevention
- Crisis intervention
- Possess skills in conflict resolution and de-escalation

Course 4   Communication, Documentation and Professionalism

Recognize the critical role of effective communication in providing safe, compassionate, and patient-centered care.

- Effectively collaborate and communicate

- Report patterns, habits, behaviors,

- Describe signs and symptoms of most urgent medical issues

- Establish clear and empathetic lines of communication with patients/families/peers

- General orientation to routine care/expectations

- Active listening

- Using inclusive language

- Basic health literacy

- Clerical tasks related to admission/discharge/ transfer,

- Maintain EMR

- Measure and record findings such as vital signs

- Maintain quality control logs (e.g. equipment)

Course 5   Personal Well-Being

Recognize the importance of maintaining personal well-being to deliver high-quality care.

- Develop self-care strategies (including physical and emotional well-being)

- Seek support when needed

- Promote a healthy work-life balance

- Time management

- Build resilience

- Stress management

- Self-reflection and continuous improvement

- Response to moral distress

"The apprenticeship-style training structure in this CNA program lays the foundation for a more sustainable staffing pipeline. The structure of this program also allows health leaders to retain their existing staff while providing them with a flexible, accessible pathway to succeed in the industry. We intentionally created this program with competencies that overlap with skills needed for nurse residencies and further nursing education to not only set up the CNAs for career success but also create synchronization across programs and staff levels - supporting the health system overall."

- Dawna Cato, PhD., RN, NPD-BC
   Director of Nurse Residency Programs at OpusVi

Who Can Become a CNA?

To qualify as a Certified Nursing Assistant (CNA), individuals must meet the following criteria:

- Minimum age of 16-18 years old

- Education level of high school diploma or GED

- Be in good physical health

- Successfully pass a criminal background check

- Demonstrate the physical ability to lift patients

- Complete a written competency test

- Maintain up-to-date immunizations

- Successfully pass a drug screening

What Will the Learner Earn?

State-approved training that will enable the learner to sit for the certification exam. Since this is employer-sponsored, the learner will also have job opportunities within the organization and be on a professional pathway for a lifelong career in healthcare.

Your System Provides

- System Sponsorship / Project Owner

- Site Administrators

- Nurse Supervisors

- Clinical Availability

OpusVi Provides

Ongoing Technical Administration and Support

Wraparound, 24/7 support for every program, cohort and individual learner.

Community Manager

Community Managers will be assigned to provide custom reporting including completion and satisfaction outcomes

Measurable Results Reporting

Customized retention scorecard across individuals and departments to enhance support to drive program completion

Cost Effective Training

Learn More

For enterprise inquiries, contact
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